

REGISTRATION FORM



VIRGINIA BREEZE

5K

5K Run / 5K Walk

Please Print:

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____

E-mail _____

Age on race day (May 20, 2023) _____

5K Run 5K Walk

Sex: M F Shirt Size: S M L XL

(Shirt size guaranteed if entry form is received by May 6, 2023)

Sign waiver below; enclose your \$25.00 check for pre-registration or \$30.00 on race day.

Make checks payable to:

Danville Running and Fitness Club.

Mail checks and entry form to:

**Danville Running & Fitness Club,
110 Ginger Drive; Danville VA 24540.**

For complete race results by Gary Uitto, go to: Danville Running & Fitness Club Site at: www.danvillerunner.org.

To register online go to;

<https://runsignup.com/Race/VA/Danville/VirginiaBreeze5K>

WAIVER

In consideration of the acceptance of my entry, my executors, administrators, and assignees, I do hereby release and discharge Virginia Breeze, sponsors, and Danville Running and Fitness Club, their officials and members of all claims and damages, demands and actions whosoever in any manner or growing out of participating in the 5K Run/5K Walk on May 20, 2023. I verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event.

Signature: _____

ENTRIES

- Pre-registration: \$25 online and mail-in to Gary Uitto
- Race Day: \$30

STARTING TIMES

- 9:00 am Sharp at intersection of Park Avenue and West Main Street

REGISTRATION / PICK-UP

- Fri., May 19; 3:00 p.m. at the Brick
- Sat. May 20 7:30 a.m. - 8:45 a.m. Finish Line in Ballou Park

TROPHIES AND AWARDS

RUNNER - AGE GROUPS

- 1st 3 overall finishers (M&F); 1st overall masters (M&F)
- 1st 3 finishers in the following age groups.
Male & Female: 0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up.

WALKERS -- AGE GROUPS

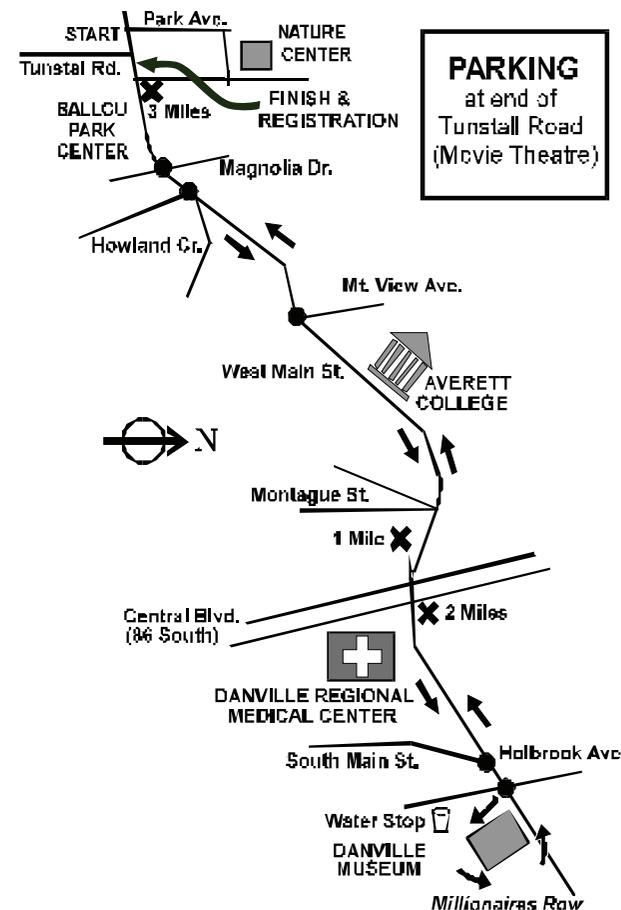
- 1st overall Male & Female finisher.
- 1st 3 Male & Female finishers in the following age groups: 0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up.

No duplication of overall and age group awards

INFORMATION

L.C. Moore (H) 434-793-3409 (C) 434-203-0275
www.danvillerunner.org.

COURSE MAP



DIRECTIONS

DURHAM/RALEIGH - 86 N to Danville, take the 293-West Main St. Exit, turn right on West Main St., go 1 mile to Ballou Park on right.
GREENSBORO - follow 29 N to Danville's 29 N Business (West Main St. Exit); go 2.3 miles, bear right on 293 (still W. Main St; by Exxon Station), go 1 mile to Ballou Park on left.

RICHMOND/SOUTH BOSTON - follow 58 W to Danville, take 29-86 S (Greensboro exit), to Danville's 29 Business exit & follow 86 S, for 1/2 mile to the 293 (West Main St.) exit; bear right onto West Main St., go 1 mile to Ballou Park on right.

MARTINSVILLE/ROANOKE - take 58 E to Danville, exit onto 86 S. Follow 86 S, for 1/2 mile to the 293 (West Main St.) exit; bear right onto West Main St., go 1 mile to Ballou Park on right.

LYNCHBURG - take 29 S into Danville. Bear right off 29 onto "South Business 29" (Piney Forest Rd); go until you cross river. Continue straight on 86 S for 1/2 mile to the 293 (West Main St.). Exit, turning right onto West Main St. Go 1 mile to Ballou Park on right.